

Refugee Run: Participant Information

Thank you for your willingness to participate in a simulation at Crossroads Foundation. We use simulations as they offer a depth of understanding beyond the reach of a speech or discussion. They are not talks, instead participants take an active role, exploring a small taste of what it is like for people in need. They can therefore be out of participants' natural comfort zones. So in order to have a fulfilling and enriching experience we ask that all participants read and adhere to the following requirements:

Refugee Run Simulation;

This simulation has been designed by refugees, Internally Displaced Persons (IDPs), the United Nations and Non-Government Organization colleagues to create as realistic a scenario as possible and to target issues that need addressing by all of society: ethnic conflict, military arrogance, corruption, disempowerment and frustration.

This is our most intense simulation and it is important for participants to understand that they will be entering a high stress environment. During the simulation participant's face:

- Taking on a "persona" of a refugee which may include issues of age, disabilities and the like
- Simulated attacks where they may be 'injured'
- Simulated life in a refugee camp: hunger, illness, lack of education, corruption and uncertain shelter or safety
- Unexpected sounds of explosions, being shouted at and moments of darkness.
- Being marched under guard, subjected to ambush and, ultimately, offered a chance of re-settlement where they must re-build their lives.

It can therefore be overwhelming for participants who are upset by loud noises, explosions or darkness or who have previous experience of being in conflict scenarios.

It is important that participants enter the simulation understanding the wider context of refugee issues. We therefore ask that all participants conduct their own research into refugees before committing to joining this simulation. It is the group organizer's responsibility to ensure that all participants have prepared themselves for the simulation and understand that this activity must be approached with a respectful attitude.

During the briefing for the Refugee Run, participants are reminded that should they wish to step out of the simulation at any time and for any reason, they can do so by speaking directly to a cast member. They are then free to talk through their experience with a lay counsellor if desired and, should they wish, rejoin the group for the debrief.

Thank you again for your willingness to experience the needs of others. Please print and sign the attached form and bring it with you on the date of your booking.

Global X-perience Team

Crossroads Foundation Limited

Refugee Run: Participation Acknowledgement

I, _____, now acknowledge my awareness that my participation of the Refugee Run may involve the following high intensity experiences;

- Simulated attacks
- Explosions and loud noises
- Darkness
- Being marched under guard
- Separation from friends and/or family

I have been informed and understand that my participation in the Refugee Run simulation may expose me to certain foreseeable and unforeseeable stress and that I am able to remove myself from the simulation if required.

I understand and agree to suitably prepare myself for this simulation by researching into the wider context of refugee issues and agree to approach the simulation with a considered attitude.

Name of participant

Name of parent/guardian if participant under 18 years

Group

Signed

Date